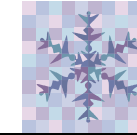





January 2012



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. <u>No School</u></p> 	<p>3. Crispy Chicken Nuggets w/Dipping Sauce Brown Rice Buttered Carrots Warm Dinner Roll Chilled Fruit / Milk</p>	<p>4. Whole Wheat Pancakes w/Warm Maple Syrup Sausage Patty Strawberries w/Whip Topping 100% Fruit Juice / Milk</p>	<p>5. Toasted Cheese Sandwich Dill Pickle Chips Chicken Noodle Soup Gold Fish Crackers Jello w/Whip Topping Chilled Fruit / Milk</p>	<p>6. Sal's Fresh Pizza Cheese or Onion w/Peppers Veggie Sticks w/Ranch Dip Animal Crackers Chilled Fruit / Milk</p>
<p>9. Hamburger on Wheat Bun w/wo Cheese Lettuce /Tomato / Pickles Oven Fries Pineapple / Milk</p>	<p>10. Pasta Bar Italian Style Sauce Or Buttered Pasta / Meatballs Cheese Cubes / Bread Sticks Warm Apple Crisp w/Whip Topping Milk</p>	<p>11. Taco Bar Hard Shell or Soft Wheat Tortilla w/Lettuce, Tomato, Cheese Salsa / Brown Rice Chilled Fruit / Milk</p>	<p>12. Whole Wheat Pancakes w/Warm Maple Syrup Or Warm Blueberry Sauce Ham Roll-ups 100% Fruit Juice / Milk</p>	<p>13. Pizza Cheese or Pepperoni Tossed Salad / Cheese Cubes Gold Fish Crackers Raisins Chilled Fruit / Milk</p>
<p>16. <u>NO SCHOOL</u> Martin Luther King Day</p> 	<p>17. <u>NO SCHOOL</u> In-Service Day</p> 	<p>18. Crispy Chicken Patty On Wheat Roll Buttered Pasta Carrot Sticks Chilled Fruit / Milk</p>	<p>19. Baked Macaroni & Cheese Or Buttered Pasta Warm Bread Stick Antipasto Salad Jello w/Whip Topping Chilled Fruit / Milk</p>	<p>20. Bagel or French Bread Pizza Cup of Veggie Soup Saltine Crackers Cheese Cubes Chilled Fruit / Milk</p>
<p>23. French Toast Sticks w/Warm Maple Syrup Sausage Links Cinnamon Applesauce 100% Fruit Juice / Milk</p>	<p>24. Hot Dog w/wo Cheese On Wheat Roll Smile Fries Veggie Tray with Ranch Dip Chilled Fruit / Milk</p>	<p>25. Toasted Cheese Sandwich On Wheat Bread or Sloppy Joe on Wheat Bun Roasted Green Beans Graham Crackers Chilled Fruit / Milk</p>	<p>26. Baked Ziti w/Meat Sauce or Butter Parmesan Cheese Caesar Salad Texas Toast Chilled Fruit / Milk</p>	<p>27. Stuffed Crust Pizza Veggie Tray w/Dip Cheese Cubes / Tiny Pretzels Warm Blueberry Cobbler w/Whip Topping Chilled Fruit / Milk</p>
<p>30. Popcorn Chicken w/Dipping Sauce Mashed Sweet Potatoes Corn on the Cob Warm Wheat Dinner Roll Chilled Fruit / Milk</p>	<p>31. Nacho Bar Seasoned Beef Warm Cheese Sauce Lettuce, Tomato, Salsa Brown Rice Peaches w/Whip Topping & Milk</p>	<p><u>All Lunches \$2.50 includes:</u> Entrée, Veggie, Fruit, Milk</p> <p>Available Daily Assorted Sandwiches Milk \$.75</p> <p>All meals are served with 100% fruit juice and low fat milk.</p>	<p>We are very much aware of allergies and watch all foods that are offered to our students. All snacks meet or exceed the new nutrition regulations for 2012.</p>	<p>Menu Subject to change without notice.</p> <p>Diane Nicholls, FSD DNicholls@slrsd.org</p>